

ASSOCIATED SISTERS IN ASIA

WOMEN'S CONFERENCE



Choose Joy

JOHN 15:11

HONG KONG

MARCH 7-9, 2024

2024 Conference Schedule

Thursday, March 7th

5:00 pm Registration/Check in
5:30 pm InstaChoir practice

7:00 pm Opening General Session

*Optional temple attendance throughout the day

Friday, March 8th

9:00 am Morning Devotional
9:30 am Breakout #1
10:30 am Breakout #2

11:30 am Lunch Break

12:40 pm Breakout #3
1:40 pm Breakout #4
2:30 pm Group Photo
2:45 pm Service Project
4:00 pm InstaChoir rehearsal

*Optional temple attendance throughout the day

Dinner on your own. See [Travel Tips](#) for nearby restaurants.

Saturday, March 9th

8:00 am Morning Devotional

"Grab'n Go" Breakfast

8:30 am Breakout #5
9:30 am Breakout #6

10:30 am Closing General Session

*Optional temple attendance throughout the day

Travel home safely! Please think about how you can share what you have learned at the conference with those in the area where you live.



All Artwork by: Kathleen Petersen

Service Project

4TH FLOOR CULTURAL HALL

FRIDAY 2:45 - 4:00 PM

For Women's Conference we received this note from Celeste Mergens, the founder of Days for Girls:

Just a quick note to thank you for having me at the conference a few years ago. So many good things came of it. Today, Days for Girls has reached more than 3 million women and girls! And did you hear that my new book *The Power of Days* (thepowerofdays.com), which includes the miraculous journey of Days for Girls, came out and became a #1 bestseller by day two! What a blessing!

I'm praying that this event will create ongoing miracles and blessings as well.

Thanks for all you do. Sending my love.

With gratitude,
Celeste



Pocket Hugs

THIS YEAR'S PROJECT:

Have you ever wished you could give something more than a hug or prayer to others that needed love, hope, or encouragement? Join us in hand crafting "pocket (or purse) hugs" to share. This small token of love will allow you to remind others that they are being remembered after you leave or are far away. These will give you an extra opportunity to bring a smile, soften a heart, or share the Savior's love as you live and serve among His children.



General Opening Session

THURSDAY, MARCH 7, 2024

7:00 PM 1ST FLOOR CHAPEL

CONDUCTING **LEEANN WARD ~ BEIJING**

CHORISTER **JULIE HUGHES ~ HONG KONG**

PIANIST **ANNALEE WHITEHEAD ~ MANILA**

OPENING HYMN **NOW LET US REJOICE, HYMN 3**
OPENING PRAYER **TBD**

SPEAKER **DANIELLE LESSER ~ SINGAPORE**

MUSICAL NUMBER **SOFTLY AND TENDERLY**
INSTA CHOIR

SOLOISTS **AMBER LANNING ~ KAOHSIUNG**
ANNE-MARIE MICKELSON ~ MANILA

KEYNOTE SPEAKER **SISTER NAOMI TAI**

MUSICAL NUMBER **SAVIOR, REDEEMER OF MY SOUL**
CHRISTY JENSEN ~ YOKOSUKA

KEYNOTE SPEAKER **ELDER BENJAMIN M. Z. TAI**
ASIA AREA PRESIDENT

CLOSING HYMN **LET US OFT SPEAK KIND WORDS, HYMN 232**
CLOSING PRAYER **TBD**





Morning Devotional

FRIDAY, MARCH 8, 2024

9:00 AM 1ST FLOOR CHAPEL

CONDUCTING KATIE HOSKIN ~ BEIJING

OPENING SONG AS SISTERS IN ZION, HYMN 309

OPENING PRAYER TBD

SPEAKER LEEANN WARD ~ BEIJING

Breakout Sessions

PLEASE SEE THE SCHEDULE BELOW

2:30 PM

GROUP PHOTOS

4TH FLOOR CHAPEL

2:45 PM

SERVICE PROJECT

4TH FLOOR CULTURAL HALL

4:00 - 5:00 PM

INSTACHOIR REHEARSAL

OPTIONAL TEMPLE ATTENDANCE

- **7:00 PM**
- **7:30 PM**



FRIDAY	5TH FLOOR RS ROOM	5TH FLOOR PRIMARY ROOM	7TH FLOOR RS ROOM	7TH FLOOR PRIMARY ROOM	5TH FLOOR Room 508
9:30 - 10:15	ASHLEY CHENN FLOURISHING IN OUR FUMBLES: FINDING JOY IN FAILURE	KATIE HOSKIN CHOOSE "FU" TO SEE YOU THROUGH	ALISON ROBERTS FINDING JOY IN MEDIOCRITY THROUGH OUR COVENANTS	AMBER CHEN EMOTIONAL RESILIENCE FOR EXPAT WOMEN	
10:30 - 11:15	BARBARA TORONTO THE JOYFUL EMPTY NEST	JUDY BATSCHI CHOOSING JOY AMIDST CHALLENGES: FIVE LIFE LESSONS LEARNED FROM FIVE DECADES OF ASIAN CULTURE	CHARISSE HOLYOAK "IF LIFE IS A BOWL OF CHERRIES, WHAT AM I DOING IN THE PITS?" – ERMA BOMBECK FINDING THE JOY IN OUR EVERYDAY STRUGGLES	VICKY ROGERSON J.O.Y. "JEWELS OF YAHWEH"	
11:30 - 12:30	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
12:40-1:25	CARRIE CHILES EMPOWERED TO CHOOSE JOY & EMPOWERING JOY TO CHOOSE YOU	KATIE HOSKIN CHOOSE "FU" TO SEE YOU THROUGH	LEE ANN SCOTT LIFE LESSONS FROM ISRAEL	AMBER CHEN EMOTIONAL RESILIENCE FOR EXPAT WOMEN	
1:40 - 2:25	BARBARA TORONTO THE JOYFUL EMPTY NEST	ALLISON TORONTO YOUR PARTNER IN JOY	CHARISSE HOLYOAK "IF LIFE IS A BOWL OF CHERRIES, WHAT AM I DOING IN THE PITS?" – ERMA BOMBECK FINDING THE JOY IN OUR EVERYDAY STRUGGLES	LORI QIAN THRIVING IN UNCERTAINTY THROUGH BITTER- SWEET PERSPECTIVE	RACHEL TSE STRETCH IT OUT WITH RACHEL





Morning Devotional

SATURDAY, MARCH 9, 2024

8:00 AM 1ST FLOOR CHAPEL

CONDUCTING LEEANN WARD ~ BEIJING

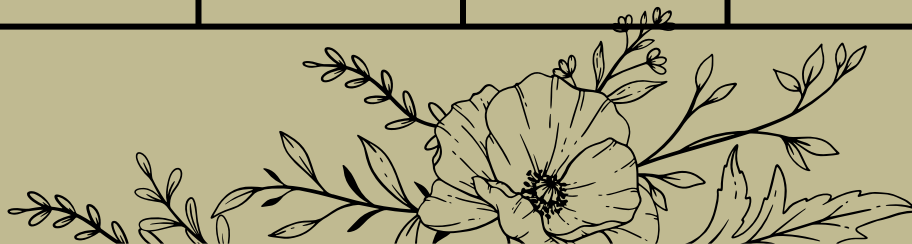
OPENING SONG THE LORD IS MY SHEPHERD, HYMN 316

OPENING PRAYER TBD

SPEAKER LEE ANN SCOTT ~ SINGAPORE

GRAB-N-GO BREAKFAST

SATURDAY	5TH FLOOR RS ROOM	5TH FLOOR PRIMARY ROOM	7TH FLOOR RS ROOM	7TH FLOOR PRIMARY ROOM	5TH FLOOR Room 508
8:30 - 9:15	CARRIE CHILES EMPOWERED TO CHOOSE JOY & EMPOWERING JOY TO CHOOSE YOU	ALLISON TORONTO YOUR PARTNER IN JOY	ALISON ROBERTS FINDING JOY IN MEDIOCRITY THROUGH OUR COVENANTS	LORI QIAN THRIVING IN UNCERTAINTY THROUGH BITTER- SWEET PERSPECTIVE	
9:30 - 10:15	ASHLEY CHENN FLOURISHING IN OUR FUMBLES: FINDING JOY IN FAILURE	JUDY BATSCHI CHOOSING JOY AMIDST CHALLENGES: FIVE LIFE LESSONS LEARNED FROM FIVE DECADES OF ASIAN CULTURE	LEE ANN SCOTT LIFE LESSONS FROM ISRAEL	VICKY ROGERSON J.O.Y. "JEWELS OF YAHWEH"	RACHEL TSE STRETCH IT OUT WITH RACHEL





General Closing Session

10:30 AM 1ST FLOOR CHAPEL

CONDUCTING	DANIELLE LESSER ~ SINGAPORE
CHORISTER	JULIE HUGHES ~ HONG KONG
PIANIST	ANNALEE WHITEHEAD ~ MANILA
OPENING HYMN	SWEET IS THE WORK, HYMN 317
OPENING PRAYER	TBD
MUSICAL NUMBER	FOR THE BEAUTY OF THE EARTH INSTA CHOIR
REMARKS	DANIELLE LESSER ~ SINGAPORE
CONGREGATION HYMN	I BELIEVE IN CHRIST, HYMN 134
KEYNOTE SPEAKER	SISTER KRISTEN M. YEE 2ND COUNSELOR OF THE GENERAL RELIEF SOCIETY PRESIDENCY
REMARKS	ELDER BENJAMIN M. Z. TAI ASIA AREA PRESIDENT
CLOSING HYMN	GOD IS LOVE, HYMN 313
CLOSING PRAYER	TBD



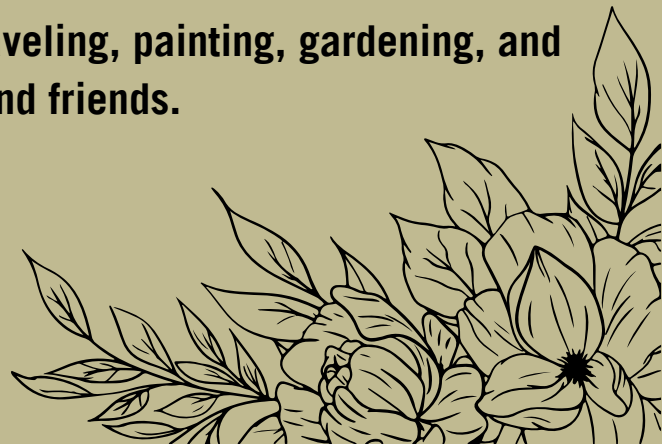
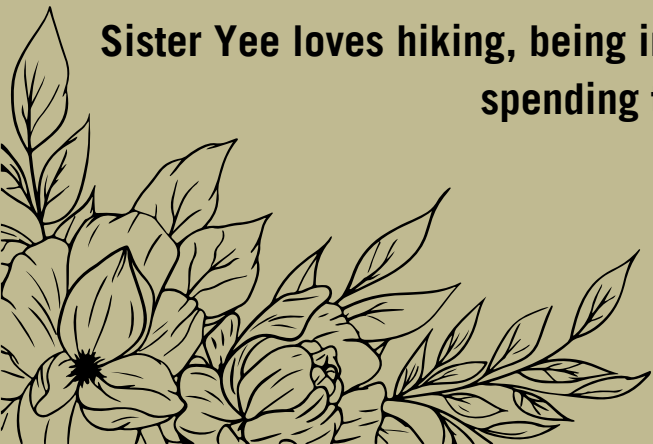
KRISTIN M. YEE

**RELIEF SOCIETY GENERAL PRESIDENCY,
SECOND COUNSELOR**

Sister Kristin M. Yee was born in Sacramento, California, to Ryan R. Yee and Jaydean Fox McKay. Sister Yee received a bachelor's degree in illustration and a Master of Public Administration from Brigham Young University. Sister Yee currently works as a special Publishing Services special projects manager for The Church of Jesus Christ of Latter-day Saints.

Prior to working at the Church, she worked with Disney Interactive Studios for 13 years. Her Church assignments have included the Primary General Advisory Council, stake Relief Society president, ward Young Women president, temple ordinance worker, and in various callings in the Relief Society, Young Women, and Sunday School organizations.

Sister Yee loves hiking, being in the outdoors, traveling, painting, gardening, and spending time with family and friends.



Presenters



ALISON ROBERTS

FINDING JOY IN MEDIOCRITY THROUGH OUR COVENANTS

My children are amazing humans but not over the top wonderful in school or sports. I have never written a book or blog or even posted those cute “first day of school” photos with letter boards of my children. I still don’t speak mandarin...sigh. We really are a rather mediocre family. But, what does God see in us that is more than we see in ourselves as COVENANT KEEPERS, and how can we find joy in who we are?



ALLISON WALKER TORONTO

YOUR PARTNER IN JOY

Much better than a partner in crime is a partner in joy. Christ is the dream partner—He makes joy possible, points the way, and finds great joy in seeing yours. Come rediscover why there’s “great reason to rejoice” (Alma 26:13) with Christ by your side.



AMBER CHEN

EMOTIONAL RESILIENCE FOR EXPAT WOMEN

How do we feel grounded and find joy in the middle of transitions and uncertainty? In this session, you will learn easy tools and tips to help you build emotional resilience in any phase of life.



ASHLEY STEVENS CHENN

FLOURISHING IN OUR FUMBLES: FINDING JOY IN FAILURE

We often try to avoid failure at all costs; after all, we invest a lot in our marriages, children, careers, education, mental and physical health, church callings, civic responsibilities, etc. But what happens when things don't turn out the way you had planned or at least hoped they would turn out? Discover how we can find joy, not just in spite of our failures but through them as well.



BARBARA TORONTO

THE JOYFUL EMPTY NEST

You may be in the throes of potty training your wee one, the traumas of tween/teenager years, or missing your Missionary....but soon THE NEST will be empty. Then what?



CARRIE CHILES

**EMPOWERED TO CHOOSE JOY & EMPOWERING
JOY TO CHOOSE YOU**

We hear the word Vietnam and often think 'War.' How about Vietnam 'Mission' instead? Miracles witnessed serving in the only communist country in the world that has invited the Church to establish a mission taught me the Lord can turn everything to our good.

We can be so empowered by combining our conscious thinking and our trust in the Lord. Then, like a skilled Vietnamese fisherman, we can cast wide our net of faith and, with a wave of joy, find that Christ's net has gathered us.



CHARISSE HOLYOAK

FINDING JOY IN OUR EVERYDAY STRUGGLES

How can we find joy in our trials and tribulations? Come learn how to see the Lord's tender mercies and angels in our lives. We will highlight scriptural passages and general conference messages to inspire and edify us in our journey.



JUDY JESSIMAN BATSCHI

**CHOOSING JOY AMIDST CHALLENGES: FIVE LIFE LESSONS
LEARNED FROM FIVE DECADES OF ASIAN CULTURE**

Like you, my life's journey has not always looked like I expected it to. Potholes and detours appeared unexpectedly along the road. Surprisingly, many of the insights that helped me navigate these challenges have been gleaned from the Asian culture that surrounds us.



KATIE HOSKIN

CHOOSE "FU" TO SEE YOU THROUGH

When mixed together with other ingredients, lemons make the sweetest, most delicious and fulfilling desserts ever. Life's lemons are like that too. Come learn what ingredients I've added to my sour moments, allowing me to enjoy beautifully sweet, enriching, and fulfilling experiences in a variety of difficult circumstances. You too can choose "fu" to see you through! (P.S. If you don't know what "fu" is, this will be the perfect opportunity to find out.)



LEE ANN SCOTT

SEE AND FEEL THE STORIES FROM ISRAEL!

Come enjoy a visual slide show of where selected stories from the New Testament took place and discover life lessons learned from these stories: Lazarus being raised from the dead ~ prayer; The Sea of Galilee and the Mt. of Beatitudes ~ peace and joy; St. Ann's Church and the Pools of Bethesda ~ the miracles of Christ's love; The Garden Tomb ~ HOPE.



LORI QIAN

THRIVING IN UNCERTAINTY THROUGH BITTER-SWEET PERSPECTIVE

How often do we find ourselves surviving life circumstances rather than thriving and making the very most of our lives? Deep down, are we wishing away uncertainty, hoping for a way to control everything around us? That's no way to live! Other than the eternal truths of the gospel and objective scientific reality, the truth is that most things are uncertain. When we forget this, we waste a lot of precious energy worrying. What if we embraced life more fully, truly turned toward the Savior, and learned to thrive even when things are messy, hard, and uncertain?



RACHEL TSE

STRETCH IT OUT WITH RACHEL

Want to feel joy and balance in your life? Anyone can benefit from practicing yoga. Join me on this gentle, tension-releasing, flexibility- and strength-improving practice that will teach you how to achieve your best mental, emotional, and spiritual self.



VICKY ROGERSON

J.O.Y. "JEWELS OF YAHWEH"

How can we become the "Jewels of Jehovah" when He comes again? Come learn the joy that Christ will have when He comes to gather His jewels and the joy that we will have in becoming His choice jewels.



Special Thanks to:



ASIA AREA PRESIDENCY

2024 A.S.I.A. CONFERENCE COMMITTEE

**SPEAKERS, PRESENTERS, ARTISTS AND
MUSICIANS**

ALL THE VOLUNTEERS AND YOU!

All Artwork by: Kathleen Petersen