



# CARRIE A. CHILES

## UPHILL BOTH WAYS; HEIGHTS AND HIGHLIGHTS OF THE HIMALAYAS ”

(Saturday Session 3)

Carrie Appleton was born and raised in Southern Alberta, Canada and was sure she would spend her whole life there, like all her family before her. Little did she know that when she said “yes” to her LDS Institute sweetheart, Ross Chiles, her life would take completely unexpected turns, exceed her greatest expectations, and she’d be a girl from the Great White North who didn’t even see snow for over 10 years! What kind of a Canadian is that?!

After Carrie graduated from the University of Alberta with her degree in Family Resource Management, the newlyweds took a one-year, “**one-time** adventure” of teaching and traveling throughout Asia. Carrie has now spent 19 out of her 25 years of marriage living and pioneering in some very unique situations in China and Taiwan; and is pretty sure the adventure is not over yet!

Carrie is a mother of 6 children ages 11-22, who likes to keep busy (good thing, because she has 6 kids!). She is currently a Gospel Doctrine teacher, the Scout Committee Chairman (one eagle scout finished - 3 to go!), and the manager of an International Community Choir. She was the ‘mother’ of the English ward in Taipei for 8 years while her husband served as Bishop and loved welcoming and wrapping her arms around the many families who came and went through Taiwan during that time. She loves music and singing and her happiest moments are when her children gather and sing or play instruments together... it just doesn’t happen often enough!

She really doesn’t like to run, but Carrie has completed 5 half-marathons in the past 6 years (one with a 2nd place finish!); mostly because she knows its good for her, enjoys rising to the challenge, the race course is beautiful and she likes being there with her friends. She does enjoy biking, swimming and hiking, and it is the love of the mountains that she inherited from her mother that led the two of them to trek together in Nepal last spring. The 21 day adventure (there is that word again!) was a life highlight where she not only conquered mountains, but saw and learned that life is a lot like hiking in the Himalayas.

Carrie has been a part of ASIA Women’s Conference from its very beginnings and counts it as a great blessing to be involved with this event that impacts the lives of so many women year after year.

