


2025 ASIA AREA

# WOMEN'S CONFERENCE



 Deseret Book

*be still  
and know that I am God*

HONG KONG

MARCH 6-8, 2025

# 2025 Conference Schedule

## Thursday, March 6th

5:00 p.m. Registration/Check in  
5:30 p.m. InstaChoir practice  
  
7:00 p.m. Opening General Session

\*Optional 4 p.m. temple session

## Friday, March 7th

9:00 a.m. Morning Devotional  
9:30 a.m. Breakout #1  
10:30 a.m. Breakout #2  
  
11:30 a.m. Lunch Break  
  
12:40 p.m. Breakout #3  
1:40 p.m. Breakout #4  
2:30 p.m. Group Photo  
2:45 p.m. Service Project  
4:00 p.m. InstaChoir rehearsal

\*Optional 7 p.m. and 7:30 p.m. temple session

**Dinner on your own.** See [Travel Tips](#) for nearby restaurants.

## Saturday, March 8th

8:00 a.m. Grab'n go Breakfast  
8:30 a.m. Devotional  
9:00 a.m. Breakout #5  
10:00 a.m. Breakout #6

11:00 a.m. Closing General Session  
(live stream from SLC will start promptly)

**Travel home safely!** Please think about how you can share what you have learned at the conference with those in the area where you live.

## SERVICE PROJECT



We will be doing service for The Jockey Club Hong Chi School which serves special needs students, ages 6-18 years old.

Their current needs are for laminating teaching materials and photos and recording story books.



**2025 ASIA AREA WOMEN'S CONFERENCE**

*general opening session*

THURSDAY, MARCH 7, 2025

7 P.M. 1ST FLOOR CHAPEL

**CONDUCTING  
KATIE HOSKIN**

**CHORISTER  
TESSA WADDOUPS**

**PIANIST  
NANCY WOLLER**

**OPENING HYMN  
HYMN 309 AS SISTERS IN ZION**

**OPENING PRAYER  
TBA**

**THEME INTRO  
DANIELLE LESSER**

**MUSICAL NUMBER  
CHELSEA CISNEROS, "BE STILL" ORIGINAL ARRANGEMENT**

**SPEAKER  
TRACI HUNTER ABRAMSON**

**MUSICAL NUMBER  
CONFERENCE INSTA-CHOIR  
BECAUSE I HAVE BEEN GIVEN MUCH**

**SPEAKERS  
ELDER AND SISTER JOHNSON**

**CLOSING HYMN  
HYMN 301 I AM A CHILD OF GOD**

**CLOSING PRAYER  
TBA**



2025 ASIA AREA WOMEN'S CONFERENCE

*morning devotional*

FRIDAY, MARCH 7, 2025

9 A.M. 1ST FLOOR CHAPEL

CONDUCTING

ALISON ROBERTS

CHORISTER

CHELSEA FISHER

PIANIST

NANCY WOLLER

OPENING HYMN

HYMN 193 | STAND ALL AMAZED

DEVOTIONAL

KATIE HOSKIN

MUSICAL NUMBER

CHRISTY JENSEN

"ABIDE WITH ME; 'TIS EVENTIDE"

*breakout sessions*

9:30 A.M. – 2:30 P.M.

PLEASE SEE THE SCHEDULE BELOW

**2:30 P.M.** GROUP PHOTOS, 1ST FLOOR CULTURAL HALL

**2:45 P.M.** SERVICE PROJECT

**4–5 P.M.** INSTACHOIR REHEARSAL

**OPTIONAL TEMPLE ATTENDANCE, 7 P.M. OR 7:30 P.M.**

*Please make your own temple appointment*

# Friday

MARCH 7, 2025

## 2025 ASIA AREA WOMEN'S CONFERENCE

FRIDAY	5F R.S. ROOM	5F PRIMARY ROOM	5F ROOM 508	7F PRIMARY ROOM
<i>Session 1</i> <b>FRIDAY</b> <b>9:30 A.M.</b>	<b>Navigating a Faith Journey in Yourself and Others</b>  <i>Janelle Callens &amp; Randall Rogers</i>	<b>Finding Peace and Strength through Music</b>  <i>Chelsea Cisneros</i>	<b>Active Stillness – Are You Ready to Spring into Action?</b>  <i>Sarah Sparks Campbell</i>	<b>Connecting through Stillness to Our Spirit and to Revelation</b>  <i>Christina Clark</i>
<i>Session 2</i> <b>FRIDAY</b> <b>10:30 A.M.</b>	<b>Relationship Rehab: A Workshop to Improve a Difficult Relationship</b>  <i>Jennie Linton</i>	<b>Choosing to Trust God in the In-Between</b>  <i>Deanna Lambson</i>	<b>Finding Peace and Strength in God's Presence Amidst Life's Chaos</b>  <i>Yih Chwin Koay</i>	<b>I Know in Whom I Trusted</b>  <i>Soyolmaa Urtnasan</i>
<h1>Lunch</h1>				
<i>Session 3</i> <b>FRIDAY</b> <b>12:40 P.M.</b>	<b>Be Still and See</b>  <i>Mary Glauser</i>	<b>Finding Peace and Strength through Music</b>  <i>Chelsea Cisneros</i>	<b>Standing Still, Standing Together: God's Promise That We Are Not Alone</b>  <i>Tami Dyer</i>	<b>Finding Peace and Strength in God's Presence Amidst Life's Chaos</b>  <i>Yih Chwin Koay</i>
<i>Session 4</i> <b>FRIDAY</b> <b>1:40 P.M.</b>	<b>Relationship Rehab: A Workshop to Improve a Difficult Relationship</b>  <i>Jennie Linton</i>	<b>The Savior's Peace Is Real: Raising Children in Asia, Dealing with Mental Health Issues, and Knowing God Always Walks with Us</b>  <i>Julia Lewis</i>	<b>Connecting through Stillness to Our Spirit and to Revelation</b>  <i>Christina Clark</i>	<b>I Let God Prevail Without Knowing I Was</b>  <i>Sister LeAnn Kirkpatrick</i>

**2025 ASIA AREA WOMEN'S CONFERENCE**

*morning devotional*

SATURDAY, MARCH 8, 2025

8:30 A.M. 1ST FLOOR CHAPEL

**CONDUCTING**

**CATHERINE HUMPHERYS**

**CHORISTER**

**JENNIE LINTON**

**PIANIST**

**TRISH SLOAN**

**OPENING SONG**

**HYMN 227**

THERE IS SUNSHINE IN MY SOUL TODAY

**OPENING PRAYER**

**TBA**

**DEVOTIONAL**

**ALISON ROBERTS**

**SPECIAL MUSICAL NUMBER**

**ALEXANDRA CHRISTENSEN**

"COME UNTO JESUS"

**GRAB-N-GO BREAKFAST**

*breakout sessions*

**9 A.M. – 11 A.M.**

**PLEASE SEE THE SCHEDULE BELOW**

2025 ASIA AREA WOMEN'S CONFERENCE

# saturday

SATURDAY	5F R.S. ROOM	5F PRIMARY ROOM	5F ROOM 508	7F PRIMARY ROOM
<i>Session 5</i> SATURDAY <b>9 A.M.</b>	<b>Be Still and See</b> <i>Mary Glauser</i>	<b>The Savior's Peace Is Real: Raising Children in Asia, Dealing with Mental Health Issues, and Knowing God Always Walks with Us</b> <i>Julia Lewis</i>	<b>Active Stillness – Are You Ready to Spring into Action?</b> <i>Sarah Sparks Campbell</i>	<b>I Know in Whom I Trusted</b> <i>Soyolmaa Urtnasan</i>
<i>Session 6</i> SATURDAY <b>10 A.M.</b>	<b>Navigating a Faith Journey in Yourself and Others</b> <i>Janelle Callens &amp; Randall Rogers</i>	<b>Choosing to Trust God in the In-Between</b> <i>Deanna Lambson</i>	<b>Standing Still, Standing Together: God's Promise That We Are Not Alone</b> <i>Tami Dyer</i>	<b>I Let God Prevail Without Knowing I Was</b> <i>Sister LeAnn Kirkpatrick</i>



**2025 ASIA AREA WOMEN'S CONFERENCE**

*general closing session*

**SATURDAY, MARCH 8, 2025**

**11 A.M. 1ST FLOOR CHAPEL**

**CONDUCTING  
DANIELLE LESSER**

**CHORISTER  
JEANETTE WITHERS**

**PIANIST  
NANCY WOLLER**

**OPENING HYMN  
HYMN 129 WHERE CAN I TURN FOR PEACE**

**OPENING PRAYER  
TBA**

**SPECIAL MUSICAL NUMBER  
JEANETTE ANDERSEN, "I BELIEVE IN CHRIST"**

**SPEAKER  
DANIELLE LESSER**

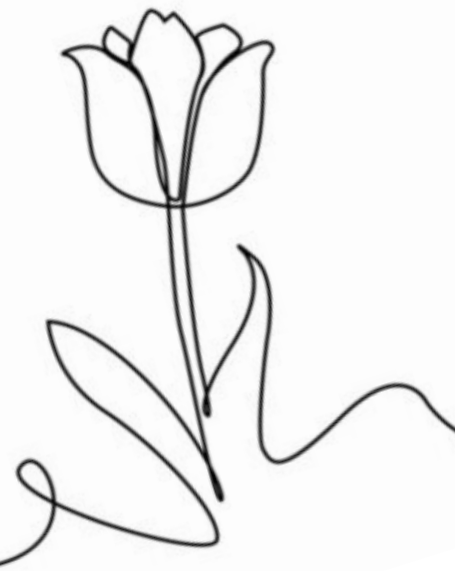
**CONGREGATION HYMN  
HYMN 89 THE LORD IS MY LIGHT**

**SPEAKER  
SISTER ANETTE DENNIS**

**SPEAKER  
ELDER JOHNSON**

**CLOSING HYMN  
CONFERENCE INSTA-CHOIR  
HYMN 124 BE STILL MY SOUL**

**CLOSING PRAYER  
TBA**







ORIGINAL ARTWORK BY  
**KAMILA**

## 2025 ASIA AREA WOMEN'S CONFERENCE



### **NAVIGATING A FAITH JOURNEY IN YOURSELF AND OTHERS**

*Janelle Rogers Callen (Singapore)  
Randall Rogers (Seoul)*

Join our class, Navigating a Faith Crisis in Yourself and Others, to explore a transformative framework for understanding and addressing faith doubts and questions. Based on Jared Halverson Creation, Fall, Atonement, this class offers practical tools and compassionate support for navigating faith crises with confidence and hope.



### **FINDING PEACE AND STRENGTH THROUGH MUSIC**

*Chelsea Cisneros (Singapore)*

In this fast-paced world we live in, it can be difficult to be still and find peace. This workshop will teach you how to be still and turn inward and upward. We will learn together how to use music to be more in tune with your body and spirit. You do not need to be musically trained or talented to participate in this workshop; all are welcome.



### **FINDING PEACE AND STRENGTH IN GOD'S PRESENCE AMIDST LIFE'S CHAOS**

*Yin Chwin (Singapore)*

God's presence is a constant source of strength, even in the midst of storms. Trusting in Him allows us to face challenges with courage and peace, knowing He is with us.

## 2025 ASIA AREA WOMEN'S CONFERENCE



### **RELATIONSHIP REHAB: A WORKSHOP TO IMPROVE A DIFFICULT RELATIONSHIP**

*Jennie Linton (Jakarta)*

Relationships matter; they impact our mental health sort of like background music affects our mood. Bring a difficult relationship and a pencil to the workshop; and instead of “12 steps,” I’ll offer you “4 steps” to feel more peace, decrease conflict, and increase the love you feel towards someone in your life. Come find out what airport security, marionette puppets, and cupid have to do with improving difficult relationships.



### **ACTIVE STILLNESS - ARE YOU READY TO SPRING INTO ACTION?**

*Sarah Sparks Campbell (Hong Kong)*

The Hebrew word for “waiting patiently” doesn’t mean to be still or quiet. The word “qavah” means to eagerly expect our Heavenly Father to act and to be ready to spring into action when He does. A discussion about how to prepare ourselves.



### **CONNECTING THROUGH STILLNESS TO OUR SPIRIT AND TO REVELATION**

*Christina Clark (Hong Kong)*

Examining how to remove the world’s noises and misconceptions in order to live by/in revelation.

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### **CHOOSING TO TRUST GOD IN THE IN-BETWEEN**

*Deanna Lambson (Beijing)*

It's easy to trust God after the fact—when the surgery is over or when we got the job. But we don't view life from the end. We view it from where we are. Each of us is in the messy middle. Waiting. Hoping. Praying. The baby hasn't come yet; the relationship is still tense, or the child who has strayed has still not come back. Choosing to trust God with your whole heart can bring sweet peace to your in-betweens. Let's explore how together.



### **THE SAVIOR'S PEACE IS REAL: RAISING CHILDREN IN ASIA, DEALING WITH MENTAL HEALTH ISSUES, AND KNOWING GOD ALWAYS WALKS WITH US**

*Julia Lewis (Shenzhen)*

"I know all of you are doing hard things [living in Asia]," Pres. Nelson stated on a visit to Beijing. There is great responsibility on your shoulders to live the covenant path, raise children, participate in your branches/wards and communities, and not feel burned out. There truly is peace for you now and always. Despite the uncertainties, changes, and challenges of life, we will have the Holy Ghost to enlighten us as we consider a higher and holier dimension of stillness in our lives. It really is possible to experience His peace.



### **BE STILL AND SEE**

*Mary Glauser (Manila)*

What does it look like to really seek and expect miracles? In a world of chaos, clutter, challenges, and confusion, we can depend on promised blessings. There is peace to be found daily when we doubt nothing and see the Lord intervene in our lives. God has not ceased to be a God of miracles (Mormon 9:15)



## 2025 ASIA AREA WOMEN'S CONFERENCE



### **STANDING STILL, STANDING TOGETHER: GOD'S PROMISE THAT WE ARE NOT ALONE**

*Tami Tu Dyer (Shanghai)*

In this workshop, I will share personal experiences of how learning to "be still" helped me recognize God's hand during seasons of loneliness and despair. We'll explore how moments of sacred stillness can not only strengthen us through our personal trials but transform us into more effective ministering sisters who can hear and act upon divine promptings to lift those around us who may be experiencing similar challenges.



### **I KNOW IN WHOM I TRUSTED**

*Soyolmaa Urtnasan (Bangkok)*

"Where the Lord plants us, there we are to stand; when he requires us to exert ourselves for the support of these holy principles, that we are to do; that is all we need to trouble ourselves about; the rest our Heavenly Father will take care of." President Lorenzo Snow, Deseret News, Oct. 28, 1857, 270. My testimony about the times when I have seen the hand of God in my life and how He adds His strength to my efforts.



### **I LET GOD PREVAIL WITHOUT KNOWING I WAS**

*Sister LeAnn Kirkpatrick (Hong Kong)*

Sometimes, despite our best efforts, life turns out differently than we had planned. By taking each step with faith, we can fulfill the life's purpose our Heavenly Father has planned for us. They say that hindsight is 20/20, and in retrospect, I can see the Lord's hand in my life.